

Essential Hair & Beauty

Opening Hours

Tuesday - Wednesday - 9am - 5pm

Thursday - Friday - 9am - 8pm

Saturday - 9am - 5pm

Sunday - Monday - Closed

Gift Vouchers Available

24 hours notice required for cancellations

Essential Hair & Beauty,
6 Dragon Drive,
Whiston,
Merseyside,
L35 3QW

Tel: 0151 431 1919

Web Site - www.essentialhairandbeauty.co.uk



At Essential Hair & Beauty we offer a full range of face and body treatments along with a range of holistic therapies to meet the needs of every client

Our aim is to ensure that all our treatments are delivered to the highest possible standards in the relaxing and friendly environment of our salon.

We at Essential Hair & Beauty appreciate that time spent with us is precious time away from the demands of family and working life.

We hope that, no matter how short the visit, we will help to provide an escape at least for a little while.

Helen Morris

BIO SCULPTURE NAILS

- Non damage to natural nails
- Durable, flexible and no more chips
- Quick & easy dries instantly
- Permanent nail colour

Gel overlays on natural nails	1 hour	£25.00
Infills on colour	45 mins	£22.50
Infills on French polish	1 hour	£25.00
Each nail repair		£2.50
Soak off		£12.50
Full set toes		£25.00

ACRYLIC NAILS

Sculptured nails	1 hour	£30.00
Infills (pink)	45 mins	£19.00
Rebalance (pink & white)	1 hour	£24.00
Nail repair		£3.00
Tips & overlay		£25.00
Nail design (per nail from)		£2.50

EYE TREATMENTS

Eyebrow shape	£7.00
Eyebrow tint	£7.50
Eyelash tint	£9.50
Eyelash, brow tint & eyebrow shape	£21.50

EYELASH EXTENSIONS

Full set	£14.00
Half set	£8.00

HAND & FOOT TREATMENTS

MANICURE

A luxurious treatment starting with nail analysis. Followed by cuticle removal, a file & polish using varnish of your choice and a relaxing hand & arm massage to complete the treatment.

1 hour £18.50

LUXURY PEDICURE

Using a system of products to cleanse, renew and restore, this treatment defiantly sets the feet on a path to perfection. Starting with a relaxing soak, followed by trimming and filling of nails, exfoliation and hydration of feet using a clay mask. A wonderful massage to complete this fabulous treatment, with the application of the nail polish of your choice.

1 hour £22.50

3D YOUTH TREATMENT- 3D effectiveness!

A must for clients over 35 years. Facial contours are remodelled and lifted whilst the wrinkle depth is considerably reduced.

Wrinkle reduction - Crows feet up to 45%
Naso labial folds up to 37%

Recommended course of 6 or 12

Single treatment	1 hour 15minutes	£55.00
Course of 6		£320.00
Course of 12		£600.00

VITALISER SPA FACIAL

This treatment is carried out using specific products to complement your skin type. Total relaxation, includes exfoliation, specific serum, 15 minute massage and a mask. Choose between hydrating, oxygenating, nourishing, firming or purifying.

45 minutes £25.00

VITALISER SPA ALGO MASK

This special seaweed based mask will promote a healthy functioning of all skin types. You receive intensive hydration and a dose of essential minerals completely restoring the skins balance. This treatment is adapted to suit individual needs so that everyone can enjoy receiving algo mask. Your skin will look truly refreshed, firm and full of vitality.

1 hour £35.00

THE CALM- DERM TREATMENT

For sensitive, red, damaged skins or easily irritated. To diffuse redness and strengthen the skin in preparation for other treatments.

1 hour £43.00

HYDROLIFTING TREATMENT

A responsive treatment for the thirty plus client. A complete four stage treatment- deep cleansing, intensive rehydration, nourish, lifting and firming.

Single treatment 1 hour 15 minutes £43.00

Course of 3 £120.00

MORPHO SKIN TREATMENT

Inspired by major medical and cosmetic procedures.

A resurfacing treatment that promotes "New skin" growth. Excellent for wrinkle reduction, acne scarring, dull lifeless skin and sun damage.

Your metamorphosis is now possible.

£55.00

DERMO PURIFYING TREATMENT

A real answer to oil/combo skin types or true oily acne. High tech ingredients which is gentle, effective and non-irritating.

Single treatment 1 hour £30.00

Course of 6 £170.00

ST TROPEZ ULTIMATE AIR

Ultimate air is a new system from St Tropez designed to evenly spray atomised St Tropez bronzing mist. Application is quick and easy and enables a flawless tan to be achieved in just minutes.

Full body 10 minutes £23.50

Half body 5 minutes £12.50

Face & Chest £8.50

WAXING TREATMENTS

Lycon wax the world's best since 1978. For silky smooth skin everywhere, removes hair as short as 1mm, super gentle on all skins. Natural ingredients. Lycon takes the "OUCH" out of waxing.

Half leg £12.50

Three quarter leg £15.00

Full leg £19.00

Underarm £8.50

Abdomen £5.50

Forearm £9.50

Lip £6.00

Chin £6.50

Jaw line £6.50

Back wax £19.00

Chest wax £19.00

Bikini £12.50

Full bikini £16.50

SPA PACKAGES

(Chose from one of our packages or customize your own)

ESSENTIAL HOLIDAY PACKAGE

Half leg, underarm, bikini waxing, eyelash tint, eyebrow shape, manicure and pedicure.

3hours 30 minutes £90.00

PREMIER HOLIDAY PACKAGE

Sculptured nails, full body exfoliation, St Tropez tan and lash extensions. Clients leave the salon feeling relaxed and ready for that well- earned break

3 hours £80.00

STRESS BUSTER

A intensive 30 minute back massage, and a quick fix facial.
£30.00

PEA IN THE POD

Indulge the mummy to be in a fabulous package. Just for expectant mothers, a sensual vitaliser spa facial, a manicure and pedicure.

4 hours £90.00

COLLAGEN 200C

A powerful cocktail of collagen and vitamin C. Time reversal and a positive boost for the skin to function effectively. Proven wrinkle reduction of 40% for younger visibly radiant skin. After a course of 3 treatments.

Single treatment	1 hour	£50.00
Course of 3		£145.00
Course of 6		£290.00

THE REFINER PORE TREATMENT

This treatment reduces dilated pores and insists on a smooth, matt complexion whilst respecting the skins fundamental need. A peachy, soft complexion is yours once more.

45 minutes £32.00

THE INSTANT RADIANCE TREATMENT

A fabulous pre party treatment for an instant flawless finish. Also contains a powerful depigmentation complex to work on brown pigmentation marks to give a lighter, more even toned luminous complexion

45 minutes £32.00

EYE YOUTH TREATMENT

Anti ageing, anti fatigue to eliminate the signs of ageing and tiredness to reduce puffiness and dark shadows.

Reccomended course of 6 treatments (4 weeks)

Single treatment 40 minutes £20.00

Our slimming treatments are designed to work on specific problems; you will see and feel a difference after each treatment.

For a full programme your Collin therapist will design a course, which will include different programmes over a course of 10 treatments. By using this and our recommended homecare products and by following a sensible eating plan you can expect to go down 1 dress size.

THE DIET KICK START TREATMENT

Designed to support any weight loss plan and kick start your diet. By working on circulation in your lymphatic and digestive system this treatment 'kick starts' the natural internal cleansing both inside and out and your weight loss plan has begun.

Reccommended course of 4 treatments at 2 per week.

1 hour £36.00

ANTI CELLULITE PROGRAMME

ALGO SLIMMING PROGRAMME 1

For those with cellulite this programme will work precisely in the fat cells firm the silhouette dispensing cellulite for a smooth firm contour.

1 hour £36.00

SCRATCH MY BACK

Relax while we provide a deep cleansing exfoliation and massage for that hard to reach area, extraction included if necessary.

30 minutes £22.50

HOPI EAR CANDLES

Hopi ear candles have been used for centuries and were traditionally made by Hopi Indians. A light suction action generates a massage like effect on the eardrum.

This includes a pleasant feeling of warmth and a balance of pressure in the ear, forehead and sinuses.

1 hour £30.00

BEST FOOT

Give your tired tootsies a break, a 45 minutes reflexology session, followed by a 45 minutes pedicure.

90 minutes £45.00

REFLEXOLOGY

45 minutes £30.00

HOLISTIC THERAPIES

Let us take away your stressful week, the aching back, the tension head aches and bring back a new lease of life, to your body. Each massage can be specialized to your individual needs, give it a try you won't be disappointed.

Swedish Body Massage	1 hour	£35.00
Swedish Back Massage	30 mins	£17.50
Aromatherapy Massage	1 hour	£37.20
Aromatherapy Back Massage	30 mins	£18.75
Hot stone Therapy Massage	1 hour	£50.00
Hot Stone Back Massage	30 mins	£25.00

CONTOURING PROGRAMME

ALGO SLIMMING PROGRAMME 2

For those with the stubborn fatty deposits around the waist, stomach and upper arm. This treatment will 'break down' the fat cells for more contoured figure.

1 hour £36.00

LIPO DRAINING

ALGO SLIMMING PROGRAMME 3

This treatment will break fatty tissue and dispense water retention by improving the lymphatic circulation. Ideal for those with a fuller figure.

1 hour £36.00

SLIMLIM' BUST & DECOLLETE TREATMENT

A total treatment to bring back the youth to your breasts, a major asset to your femininity. For volume and structure, lifting and firming. Also available as a neck and décolleté treatment.

Advisable pre and post maternity and surgery.

Intensive course of 6 highly advised

50 minutes £30.00

Course of 6 £160.00

BODY SILK TREATMENT

Soft, silky, beautiful skin. To remove dry, rough cells and a hydrating veil applied. Ideal before or after tanning.

30 minutes £16.00

TRANQUILITY- RELAXATION A

A sea salt scrub will eliminate rough, dry skin. You will then receive a full body massage to relax whilst our secret ingredient gently warms your skin.

You will then be enveloped in a lemon verbena paste to ensure the warmth stays within you.

Relax for a further 10 minutes, gently sleep in a candlelit haven for the ultimate tranquil experience.

This treatment finishes with an invigorating wakening balm.

1 hour 15 minutes £40.00

SERENITY- ULTIMATE RELAXATION

A sea salt scrub will eliminate rough dry skin. You will then receive a full body massage to relax whilst our secret ingredient gently warms your skin. You will be enveloped in a lemon verbena paste and placed in a heated blanket to ensure all muscles and joints are cocooned in a blissful wave of warmth. Relax in an atmosphere of candlelit serenity whilst your therapist cleanses your skin and performs Collin's Eye treatment to erase the stress of your hectic life. This treatment finished with an invigorating, wakening balm and a treatment cream for your face.

1 hour 20 minutes £55.00

DERMO PURIFYING BACK TREATMENT

A deep cleansing treatment for the whole back. For those suffering with congestion or acenic problems or simply as a post or pre summer deep cleanse, available singularly or as a collective of up to 8 treatments.

45 minutes £34.00

BRIDES DAY

Let us help you shine for your big day. Indulge yourself with a 1 hour body massage, a vitaliser spa facial, a manicure and pedicure.

4 hours £90.00

MAKE UP

Creating a make up look for your wedding is a challenge, as your make up will withstand a day filled with more hugs, laughs, tears and photographs than any other day in your life, but also make you look your natural best. It's important to feel comfortable, the look should enhance your natural beauty not look like a mask.

1 hour £25.00

Make up (trial included) £50.00